

21 April 2016

Falmouth 006 2016

## **‘Action Nan’ arrives at Falmouth RNLI Lifeboat Station.**

**Pat Smith, known to most people as Action Nan because of her previous exploits, arrived at Falmouth lifeboat station last evening at 4:50pm as part of her round Cornwall trek to attempt to raise £10,000 for the RNLI.**

Pat said, “I love walking and I love the Cornish coast so I thought I would attempt this challenge to raise money for the RNLI which is a very worthwhile charity”.

She arrived yesterday at Falmouth where she was met by some members of crew and other Falmouth lifeboat volunteers. She had a welcome cup of tea and a biscuit with the crew and, after a short chat and some photographs on the lifeboat, she set off for the Greenbank Hotel where she was to be treated to a welcome massage.

She will finish her trek on Wednesday 27 April at the Cremyll Ferry, just across the Tamar from Plymouth.

Notes to Editors:

- The picture shows Pat posing on Falmouth’s all-weather lifeboat, Richard Cox Scott, with members of the crew.

### **RNLI media contacts**

For more information please contact; Gerry Gearon, RNLI Volunteer Lifeboat Press Officer on 01326 212438, [gerrygearon@hotmail.com](mailto:gerrygearon@hotmail.com); or Emma Haines, Public Relations Manager South West on 01752 850689, [emma\\_haines@rnli.org](mailto:emma_haines@rnli.org); or contact RNLI Public Relations on 01202 336789.

### **RNLI online**

For more information on the RNLI please visit [www.rnli.org.uk](http://www.rnli.org.uk). News releases and other media resources, including RSS feeds, downloadable photos and video, are available at the RNLI Press Centre [www.rnli.org.uk/press](http://www.rnli.org.uk/press)

### **Key facts about the RNLI**

The RNLI charity saves lives at sea. Its volunteers provide a 24-hour search and rescue service around the United Kingdom and Republic of Ireland coasts. The RNLI operates over 230 lifeboat stations in the UK and Ireland and has more than 100 lifeguard units on beaches around the UK. The RNLI is independent of Coastguard and government and depends on voluntary donations and legacies to maintain its rescue service. Since the RNLI was founded in 1824 its lifeboat crews and lifeguards have saved over 137,000 lives. The RNLI is a charity registered in England, Scotland and the Republic of Ireland, Irish Charity number 2678.